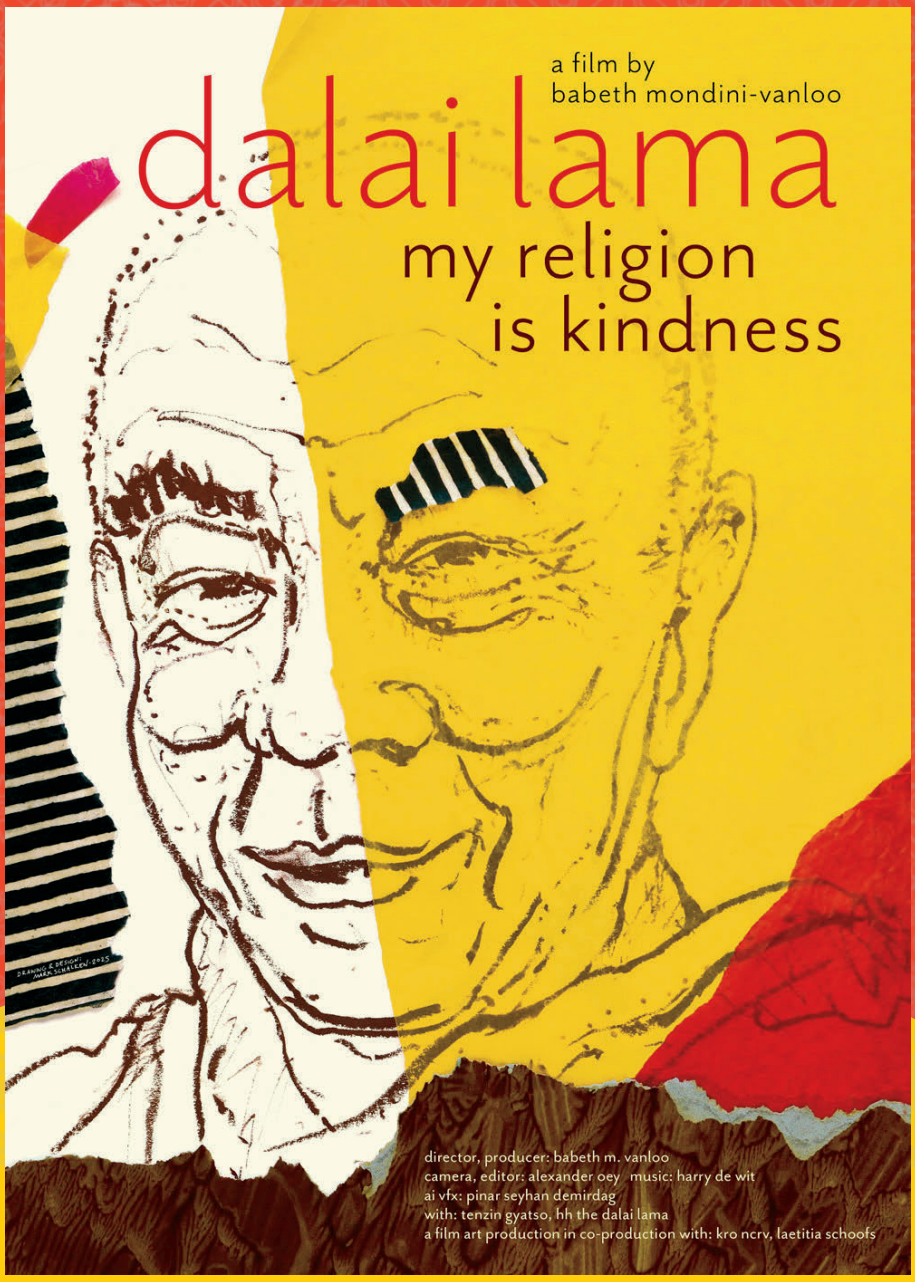
TIBET FILM DAYS 2026



TIBET FILM DAYS 2026

Dalai Lama - My Religion is Kindness

The film by Dutch director and producer Babeth Mondini VanLoo looks back on the Dalai Lama's visits to the Netherlands and explores the lasting impact his message of compassion and non-violence has on those who meet him.

The documentary captures several remarkable encounters with the Dalai Lama. Among others, former MP Erica Terpstra, philosopher and ecologist Matthijs Schouten, Professor Caroline Nevejan and banker Sander Tideman share their personal experiences and memories of the Tibetan spiritual leader.

Mondini VanLoo describes the film as a gift to the Tibetan community and to the world: "a remedy for hatred and war." The documentary shows how the core of the Dalai Lama's philosophy – kindness and compassion – can offer hope for what he himself describes as 'One Humanity'.

UPCOMING FILMSCREENINGS:

Amsterdam:	Pathé Tuschinski, 13 Sep. 10:30 uur
Den Haag:	Pathé Spuimarkt, 25 Sep. 18:30 uur
Utrecht:	Pathé Rembrandt, 27 Sep. 10:30 uur
Groningen:	Pathé Groningen, 4 Okt. 15:30 uur
Nijmegen:	Pathé Nijmegen, 11 Okt. 15:30 uur

scan for Tickets

more information on savetibet.eu

The Tibet Film Days are this year a collaborative initiative of the International Campaign for Tibet and the Buddhist Film Festival Europe

INTERNATIONAL CAMPAIGN FOR TIBET

bffe